

# PEC CORE COMPLIANCE SYLLABUS



HOURS	PREREQUISITE	HAND-ON TRAINING	REFRESHER TRAINING
22.5	NO	NO	YES – REQUIRED ANNUALLY

## PEC CORE COMPLIANCE COVERS

- 29 CFR 1910 Subpart D
- 29 CFR 1910.1020
- 29 CFR 1910.1030(g)(2)
- 29 CFR 1910.120(q)(6)(i)
- 29 CFR 1910.1200(h)(1)
- 29 CFR 1910.132(f)
- 29 CFR 1910.134(k)
- 29 CFR 1910.146(g)
- 29 CFR 1910.147(c)(7)
- 29 CFR 1910.155(c)(41)
- 29 CFR 1910.157(g)(1)(2)(4)
- 29 CFR 1910.332(b)(1)
- 29 CFR 1910.38
- 29 CFR 1910.95(k)
- 29 CFR 1926.651
- 49 CFR 172.704
- ANSI Z390.1-2006
- API RP T-1
- SafeGulf
- SafeLandUSA

## SUMMARY

Accredited by SafeLandUSA and by SafeGulf, PEC Core Compliance is a high-intensity three day course designed to engage students and build knowledge, security and personal recognition of safety practices and prevention of on-the-job injury and illness. Students will learn to recognize, prevent, avoid, and reduce safety and health hazards in the workplace. PEC Core Compliance provides full or awareness level classroom instruction on more than 40 health, safety, or environmental topics. The PEC Core Compliance course delivers instruction and then tests student understanding in the safety topics most commonly required by oil and gas operators in their pre-qualification surveys and training matrices.

## CERTIFICATIONS

Upon successful completion of the course, students receive their PEC ID card. The back of the card reflects PEC courses successfully completed by the student. Employers may also verify course completion by visiting [www.peccard.com](http://www.peccard.com).

## COURSE EVALUATION

Students receive written exams to verify competency in PEC Core Compliance topics.

## COURSE COMPONENTS

PEC Core Compliance meets **awareness-level requirements** in the following topics:

- Communication
- Drugs and Alcohol
- Fall Protection
- First Aid
- Forklift
- Hand Safety
- Housekeeping
- Incident Reporting and Investigation
- Motor Vehicle Safety
- OSHA Recordkeeping
- Powered Industrial Trucks (Forklifts)
- Process Safety Mgmt
- Rigging
- Safety and Env Mgmt Systems (SEMS II)
- Scaffolding
- Welding, Cutting, and Brazing

PEC Core Compliance meets **orientation-level requirements** in the following topics:

- SafeGulf
- SafeLandUSA

PEC Core Compliance meets **minimum requirements for full classroom training** in the following topics:

- Access to Medical Records
- Back Safety
- Behavior Based Safety
- Bloodborne Pathogens
- Control of Hazardous Energy (LOTO)
- DOT Hazardous Materials
- Electrical Safety (Non-qualified)
- Emergency Response
- Excavation and Trenching
- Fire Safety
- Hazard Communication (Including the GHS)
- Hazard Identification
- Hazardous Waste Operations and Emergency Response (Awareness/Operations Level)
- Hearing Conservation
- Hydrogen Sulfide (H<sub>2</sub>S)
- Job Safety Analysis (JSA)
- Marine Trash and Debris
- Occupational Health Hazards
- Office Safety
- Offshore
- Permit Required Confined Space (Entrant/Attendant/Supervisor)
- Personal Protective Equipment
- Respiratory Protection
- Short Service Employees
- Stop Work Authority
- Terrorism Response Awareness Program
- Walking Working Surfaces and Elevated Work
- Work Permits
- Workplace Violence